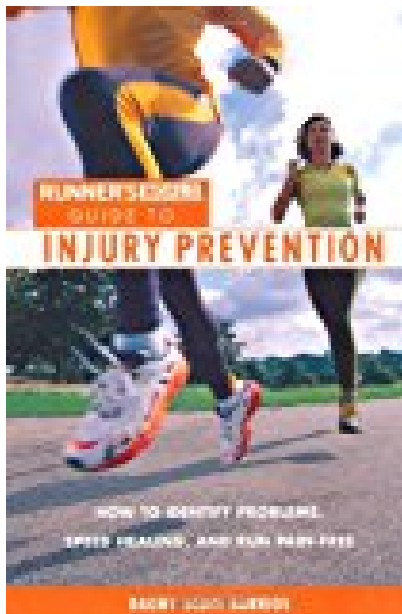


Runners World Guide to Injury Prevention How to Identify Problems Speed Healing and Run Pain-Free Runners World Guides



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